



# Lighten the Load!

Lighten Your Load is the program that will help you eliminate energy drains in your life and rejuvenate your mind, body and soul so you can give the best of who you are to your life and family!

Do you ever...

- Open your closets and hope that nothing will fall out on top of you?
- Question your sanity because you can't find something you had 5 minutes ago?
- Wish you could wave a magic wand and transform that negative friend (or mother in law, boss, etc.) into one that smiles and lifts you up?
- Feel overwhelmed by all your responsibilities and wonder how other moms make it look so easy?
- Worry about your children, hoping you're doing all the "right" things to ensure they are happy and healthy?
- Long for more energy and freedom to spend enjoying your family?

If you answered no to all of these questions, then this is not the right course for you!

But if you found yourself nodding your head and dreaming about what life would be like without all the environmental, relationship, financial and personal clutter in your life, then join me and a group of other moms committed to lightening their load!

Module #1 - Declutter Your Environment  
Module #2 - Declutter You  
Module #3 - Declutter Your Relationships  
Module #4 - Declutter Your Finances  
Module #5 - Refueling Your Energy Tank  
Module #6 - Staying Energized!

Runs from April 26<sup>th</sup> through July 12<sup>th</sup>,  
2010  
EARLY BIRD PRICING: \$210.00 or  
3 payments of \$80.00 each

Visit [www.momnificentmomclub.com](http://www.momnificentmomclub.com) and click on Lighten Your Load